

Stephen Ministry

Stephen Ministry provides one-on-one confidential Christ centered care to those in community who are experiencing life difficulties. These challenges might include grief, illness, divorce, job loss, financial loss, lost relationships, or other life transitions that are difficult. Stephen Ministers care for one person at a time. The caring relationship has no set length and caring visits typically are weekly and last about an hour. A Stephen Minister will walk alongside those who are hurting and provide comfort and support as long as needed. There is no charge for services and all caring is confidential. Stephen Ministry is non-denominational and you need not be a Christian to receive Stephen Ministry. (Please note that Stephen Ministry is not mental health therapy.)

Here are some churches that provide Stephen Ministry

Pine Lake Covenant Church

Sammamish, WA

In-person or remote

<https://plcc.org/care/stephen-ministry/>

Edmonds United Methodist Church

Edmonds, WA

In-person or remote

<https://www.edmondsumc.org/stephenministry>

First Church, United Methodist

Seattle, WA

<https://firstchurchseattle.org/stephen-ministries/>

Bear Creek Lutheran Church

Woodinville

<https://bcumc.org/ministries/stephen-ministry>

Trinity Lutheran church

Lynnwood, WA

<https://www.trinitylutheranchurch.com/care>